

### STEP 1: Request Labs from your primary doctor.

Find a LABCORP location near you and request the standard Lab Order along with any additional panels needed as outlined below. Send the lab results to Maverick's Functional Health Consultant, Breanne Supinger. Email to [brea@maverickchiropracticclinic.com](mailto:brea@maverickchiropracticclinic.com).

### STEP 2: Schedule your New Patient Root Cause Health Analysis appointment with Breanne.

Please allow at least five (5) business days from the time you submit your labs to me to the time of your first appointment. Book your appointment at [maverickchiropracticclinic.com](http://maverickchiropracticclinic.com).

### STEP 3: Complete your intake paperwork prior to your first visit.

You will receive this via email once you have scheduled your appointment.

#### STANDARD LABS

- Iron Panel
- CBC with Differential/Platelets
- Lipid Panel
- Comprehensive Metabolic Panel
- Urinalysis
- Full Thyroid Panel: TSH, T4 Total, T3 Total, T3 Uptake, Reverse T3, Free T4, Free T3, FTI, TPO, Antibodies
- HA1c
- Vitamin D
- CRP
- Phosphorus
- GGT
- Magnesium

#### MBCE PANEL OPTIONS

- Basic Wellness Panel: \$131
- Wellness Panel+: \$248
- Full Thyroid Panel: \$75
- Vitamins & Minerals Panel: \$191
- Autoimmune & Infection Panel: \$262

**Note:** These blood tests can only be done at LabCorp, so make sure there is a location near you before ordering. Instructions are included on the ordering webpage. Please read them carefully.

We cannot order for people living out-of-country or in New Jersey, New York, or Rhode Island.

You must be at least 7 years old to get blood drawn. For anyone younger than that, we would recommend an Organic Acids Test (OAT) instead.

**Specialty Diagnostic Tests** shown on the next page can be ordered through Evexia Diagnostics.

#### Breanne Sickinger

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### **SPECIALTY DIAGNOSTIC TESTS**

#### **LYME/CO'S**

- DNA Connexions
- IgeneX
- Vibrant Wellness Tick Borne Diseases 2.0

#### **TOXINS**

- Vibrant Wellness Total Tox

#### **HORMONES**

- DUTCH Test

#### **MOLD**

- Mycotox Test, Real Time Labs
- Vibrant Wellness Mycotoin Panel

#### **GUT/MITOCHONDRIA/FUNGUS/YEAST**

- Organix Comprehensive Profile Urinalysis
- OAT, GPL
- GI MAP

#### **HEAVY METALS**

- HTMA, Precision Analytical
- Toxic & Essential Elements, Doctors Data (Hair)
- Quicksilver Tri-Test + Blood

#### **MICRONUTRIENTS/AMINO ACIDS/MINERALS**

- Spectraell
- Vibrant Wellness Micronutrients

#### **ACNE**

- Clearstem

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### **About Your New Patient Root Cause Analysis with Breanne Sickinger**

This 60-minute session is your first step toward uncovering the “why” behind your symptoms and creating a clear, personalized path to better health. During your appointment, we'll take the time to thoroughly review your completed intake form, discuss your health concerns, symptoms, lab results, and goals in detail.

From there, I'll craft a tailored protocol designed to meet your body's unique needs. This customized roadmap will include practical guidance on lifestyle adjustments, nutrition, and targeted supplementation to help you feel your best and regain control of your health.

Behind the scenes, I'll interpret your lab results with a focus on optimal health (beyond standard medical ranges), ensuring we address the root causes of your concerns—not just the symptoms. Two weeks after you receive your protocol, I'll follow up to check your progress and make any necessary adjustments to keep you on track.

This assessment isn't just about a plan—it's about giving you the tools, knowledge, and support you need to move confidently toward lasting vitality and wellness.